

Omenn syndrome: Inflammation in leaky severe combined immunodeficiency

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Omenn syndrome (OS) was reported until recently as a distinct form (phenotype and genotype) of severe combined immunodeficiency (SCID). Similar to other patients with SCID, patients with OS present early in infancy with viral or fungal pneumonitis, chronic diarrhea, and failure to thrive. Unlike typical SCID, patients with OS have enlarged lymphoid tissue, severe erythroderma, increased IgE levels, and eosinophilia. The inflammation observed in these patients is believed to be triggered by clonally expanded T cells, which are predominantly of the T_H2 type. These abnormal T cells, in the absence of proper regulation by other components of the immune system, secrete a host of cytokines that promote autoimmune as well as allergic inflammation. The emergence of these T-cell clones occurs in patients with hypomorphic mutations in recombination activating gene 1 or 2, but not in patients with deleterious mutations in these enzymes which render them inactive. Recently, OS was also identified in a growing list of other leaky SCIDs with mutations in *RNA component of mitochondrial RNA processing endoribonuclease, adenosine deaminase, IL-2 receptor γ , IL-7 receptor α , ARTEMIS, and DNA ligase 4*. This new information revealed OS is a distinct inflammatory process that can be associated with genetically diverse leaky SCIDs. (J Allergy Clin Immunol 2008;122: 1082-6.)

Key words: Immunodeficiency, Omenn syndrome, mutation, SCID

The combination of clinical and laboratory features in infants who present with fatal generalized severe erythroderma, lymphadenopathy, eosinophilia, and profound immunodeficiency was first described by Gilbert Omenn in 1965.¹

The peculiar coexistence of severe immunodeficiency with allergic inflammation intrigued many investigators and stimulated research aimed at understanding the molecular basis of this immunodeficiency. The poor outcome of these patients in the

Abbreviations used

ADA:	Adenosine deaminase
AIRE:	AutoImmune REgulator
CHARGE:	Coloboma of the eye, Heart defects, Atresia of the choanae, Retardation of growth and/or development, Genital and/or urinary abnormalities, and Ear abnormalities and deafness
CHD7:	Chromodomain helicase DNA binding protein 7
CHH:	Cartilage hair hypoplasia
DCLRE1C:	DNA cross-link repair 1C protein
LIG4:	DNA ligase 4
OS:	Omenn syndrome
RAG:	Recombination activating gene
RMRP:	RNA component of mitochondrial RNA processing endoribonuclease
SCID:	Severe combined immunodeficiency
Treg:	Regulatory T

early days invited creative modalities of treatment that dramatically improved survival.^{2,3} Genetic studies have revealed that the Omenn phenotype can be associated with many different genotypes⁴⁻⁹; however, the gene mutations causing Omenn syndrome (OS) remain elusive in nearly half of affected patients. These discoveries forced a shift in the manner by which we define, evaluate, study, and treat patients with this syndrome.

We attempt here to amass the current knowledge concerning the diagnosis, pathogenesis, and treatment of these patients.

CLINICAL PRESENTATION

Similar to severe combined immunodeficiency (SCID), patients with OS frequently present during the first year of life with chronic diarrhea, pneumonitis, and failure to thrive. Pneumonitis is typically caused by *Pneumocystis jiroveci* or viruses such as cytomegalovirus or parainfluenza.

Whereas typical patients with SCID present with paucity or absence of lymph nodes, patients with OS invariably have enlarged lymph nodes and frequently hepatosplenomegaly. In addition, they have generalized erythroderma, which may often cause alopecia and loss of eyebrows and eyelashes. Significant protein loss through the skin and the gut frequently leads to generalized edema and metabolic disturbances. Importantly, signs and symptoms of OS can evolve with time and may not appear simultaneously. Moreover, some patients present with some but not all signs consistent with OS. These patients are commonly referred to as affected with atypical Omenn syndrome.

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It has been recently recognized that OS may associate with syndromic disorders, in particular cartilage hair hypoplasia (CHH),⁵ adenosine deaminase (ADA) deficiency,⁹ DiGeorge syndrome,¹⁰ Coloboma of the eye, Heart defects, Atresia of the choanae, Retardation of growth and/or development, Genital and/or urinary abnormalities, and Ear abnormalities and deafness (CHARGE) syndrome,¹¹ and ligase 4 deficiency¹² (see letter by Grunebaum et al¹²). It is therefore prudent to investigate patients with OS for these possibilities.

Patients with CHH typically have a very short stature (<3rd percentile) and short limbs. Other common manifestations that can aid in the diagnosis include hair abnormalities, anemia, and Hirschsprung disease. Metaphyseal dysplasia can be recognized by skeletal radiographs and may be present in infancy or become more obvious after the first years of life. However, growth retardation may be variable with some individuals maintaining a normal growth pattern (see article by Kavadas et al¹³). Further, typical metaphyseal changes as originally described by McKusick¹⁴ may be delayed or absent in rare cases.

The association of OS with hypocalcemia, congenital heart diseases, and micrognathia or neurologic manifestations should raise the suspicion of DiGeorge syndrome and ADA deficiency, respectively. Finally, the association of OS with microcephaly should alert to investigate defects of *DNA ligase 4*.

EVALUATION OF THYMUS, LYMPH NODES, AND SKIN OF OMENN SYNDROME

In patients with OS, the thymus is dysplastic with few remnant lymphoid cells.^{5,10} Hematoxylin and eosin staining shows a marked depletion of thymocytes and a complete loss of cortico-medullary architecture, with absence of Hassall corpuscles.^{5,15} The thymic epithelium is arranged in small nests of cohesive spindle shaped cells, separated by fibrovascular septae. Immunohistochemical analysis consistently shows presence of residual CD3⁺ thymocytes that express either CD4 or CD8 and are frequently located in the vestigial medullary areas.

Skin biopsies may be helpful in guiding to the diagnosis of OS. Typically, staining with hematoxylin and eosin shows acanthosis and parakeratosis. Dyskeratosis and spongiosis are seen in the Malpighian layer, and vacuolation is often observed in the basal layer. Inflammatory cells can be present in the epidermis but are typically more prominent in the dermis¹⁶ and to a lesser degree at the dermal/epidermal junction.^{5,17,18} Inflammatory infiltrates consist predominately of mononuclear cells and eosinophils that are identified by immunohistochemistry to contain CD3⁺ T cells (mostly of the CD4⁺ subset) and a small number of macrophages.

IMMUNOGIC EVALUATION

Unlike typical cases of SCID, patients with OS may pose a diagnostic challenge because they may have normal or high lymphocyte count. Even the assessment of lymphocyte markers by flow cytometry may be misleading, because the proportion and number of circulating CD3⁺ T cells is frequently normal.^{19,20} The number of CD4⁺ and CD8⁺ cells may vary and may occasionally be normal.¹⁷ However, a low number of CD8⁺ cells has been recently reported in patients with OS and associated CHH.^{5,13} Importantly, and at variance with observations in healthy infants, T lymphocytes from patients with OS coexpress activation

markers (CD45R0, HLA-DR). A similar pattern is also observed in SCID with maternal T-cell engraftment, whose clinical features may overlap with OS, and that represents an important differential diagnosis. Despite the presence of normal or increased number of circulating T cells, *in vitro* proliferative response to antigens is severely depressed.^{13,19} Although *in vitro* proliferation to mitogens and anti-CD3 is variable, it is often reduced.^{17,19}

A low to absent number of CD19⁺ B cells is characteristic of OS associated with mutations in *recombination activating gene (RAG)-1*, *RAG2*, *DNA cross-link repair 1C protein (DCLRE1C)* (Artemis), or *DNA ligase 4*. However, B cells are normally present in other forms of OS.^{4,6,20} Nevertheless, humoral immunity is invariably depressed, similar to most other types of SCID. However, IgE levels are frequently elevated.²¹ CD56⁺/CD516⁺ natural killer cells are typically normal or even increased. Their absence should lead to investigate a possible association of OS with X-linked SCID⁷ or with Janus kinase 3 deficiency.

One of the hallmarks of OS is the abnormal expansion of 1 or more T-cell clones in peripheral blood and in tissues.^{3,13,17,18,22} Hypomorphic mutations in *RAG1*, *RAG2*, *DCLRE1C*, *LIG4*, *RNA component of mitochondrial RNA processing endoribonuclease (RMRP)*, and *ADA* genes hamper but do not completely abolish the function of the respective enzymes, resulting in a leaky defect^{4,6,12,13,20} that allows for maturation of a very limited number of T cells in the thymus. Regardless of the methods used (spectratyping, quantitative PCR, or flow cytometry), assessment of the expression of various V β families reveals overrepresentation of a few T-cell clones and underrepresentation or complete absence of most other V β families,^{4,6,18-20} but the underlying mechanisms of this phenomenon remain undefined. Interestingly, although there is extensive variability in the representation of T-cell clonotypes among patients with OS, a few V β families (V β 17, V β 14, V β 13, and V β 3) appear more frequently over-expanded than others even across different genotypes,^{5,10,17,19} suggesting a common (auto)antigen-driven mechanism of T-cell expansion.

INFLAMMATION IN OMENN SYNDROME

Inflammation evolved as an adaptive response to restore homeostasis. If the acute inflammatory response fails to eliminate pathogens, the inflammation persists, and neutrophils are replaced with macrophages and T cells in the target tissue. Cytokines and vasoactive molecules secreted by these cells cause tissue damage by inducing cell apoptosis and necrosis. This process seems to be exaggerated in cases of OS, in part because elements and molecules responsible to keep inflammation in check, like regulatory T (Treg) cells²³⁻²⁵ or IL-10, are missing.

The thymus of patients with Omenn syndrome is dysplastic, but it retains residual, albeit aberrant, thymus function, which allows for maturation and escape of some T-cell clones to the periphery. Clonally expanded T cells infiltrate tissues such as skin and lymph nodes, causing damage. It remains unclear whether these clones are driven and attracted by an antigenic load or superantigen stimulation, or propagated as a result of homeostatic proliferation in a lymphopenic environment. It is also possible that some of these mechanisms combine to trigger and maintain this unusual inflammatory process of OS.²⁶ It has been recently demonstrated that the expression of the transcription factor *AIRE* (AutoImmune REgulator) by medullary thymic epithelial cells is reduced in thymuses of patients with Omenn syndrome. *AIRE* regulates the

TABLE I. Conditions associated with OS

Genotype	Immunotype	Phenotype
RAG1/RAG2	T ⁺ B ⁻ NK ⁺	SCID
Artemis	T ⁺ B ⁻ NK ⁺	SCID
ADA	T ⁺ B ⁻ NK ⁺	SCID, multisystem involvement
DNA ligase 4	T ⁺ B ⁻ NK ⁺	SCID, microcephaly
RMRP	T ⁺ B ⁺ NK ⁺	CHH, SCID
IL-2 receptor γ	T ⁺ B ⁺ NK ⁻	SCID
IL-7 receptor α	T ⁺ B ⁺ NK ⁺	SCID
22q11	T ⁺ B ⁺ NK ⁺	DiGeorge syndrome
CHD7	T ⁻ B ⁺ NK ⁺	CHARGE syndrome

NK, Natural killer.

transcription of a set of tissue-restricted antigens,²⁷ thus mediating negative selection of autoreactive T cells in the thymus.

Recently, mouse models that mimic OS have been developed.²⁸⁻³⁰ First, a spontaneous mouse mutant (*rag1* R972Q) with partial Rag1 activity was found to have hepatosplenomegaly, eosinophilia, increased levels of IgE, and oligoclonal expansion of CD4⁺ T cells, reminiscent of OS. Abolishing the IL-4 and IL-6 producing CD4⁺ T cells prevented the increase in IgE, implicating a dysfunction of these T cells in the pathogenesis of OS-like features in the *rag1* hypomorphic mutant mice.²⁸ Further, *rag2* mutant mice (R229Q) with OS features lack thymic AIRE expression and show profound reduction in Forkhead box P3⁺ Treg cells,^{29,30} highlighting the critical role of immune dysregulation in OS. Together, these models support the hypothesis that impaired central tolerance, defective generation of Treg cells, and homeostatic proliferation of T lymphocytes may be involved in the pathogenesis of OS.

Allergic inflammation may also be involved in the pathophysiology of OS. Expanded T-cell clones from patients with OS were consistently found to be predominantly of T_H2 type,^{14,31} and to secrete IL-4 and IL-13 (which promote immunoglobulin class-switching to IgE^{23,24,32-34}) as well as IL-5 (which activates eosinophils) and IL-9 (which activates mast cells). Normally, T_H2 responses promote development of effector mechanisms that help clear parasites^{35,36} but also turn on regulatory T cells that secrete IL-10 and thus downregulate inflammation and tissue damage. In OS, these mechanisms of T-cell regulation are lacking, allowing this process to continue in an uncontrolled manner.

In summary, inflammatory changes of OS appear to be sustained by a combination of mechanisms previously described in both autoimmune and allergic disorders. The process in OS appears particularly aggressive because fundamental regulatory elements are severely compromised as a consequence of the severe defects in T-cell development and function.

MOLECULAR BASIS OF OMENN SYNDROME

The vast majority of cases with Omenn syndrome were found so far to have hypomorphic mutations in *RAG1* or *RAG2* genes, which impair but do not abolish V(D)J recombination, the process required for T-cell and B-cell receptor rearrangement and expression⁴ (Table I). Biochemical analysis of *RAG1* and *RAG2* mutants has contributed to further understanding of the role played by different domains of *RAG* genes, which were considered to be dispensable for the catalytic activities of the proteins.

Frequently, *RAG1* mutations map to domains involved in the recognition of DNA binding, and in particular, regions that selectively recognize and bind the recombination signal sequences that flank the coding regions of T-cell and B-cell receptor gene elements.^{4,37,38} Other mutations map to a domain involved in the recruitment of the *RAG2* protein, resulting in a stable complex responsible for DNA bending and cleavage. Most of the mutations found in OS cause amino acid changes that impair *RAG* activity; however, deletions at the N-terminus of *RAG1* have been also reported. Biochemical analysis of these mutants has demonstrated use of a downstream translation initiation site, leading to a shorter protein that retains recombination activity but is predominantly retained in the cytoplasm.³⁹ Moreover, a number of *RAG2* gene mutations that cause SCID and OS support the structural model of a 6-bladed β -propeller with a C-terminal noncanonical plant homeodomain domain binding to core histones.⁴⁰ It has been recently demonstrated that the recognition of hypermethylated histone H3 at lysine 4 by *RAG2* plant homeodomain promotes efficient V(D)J recombination *in vivo*.⁴¹⁻⁴³ OS was also identified in 1 patient with mutations in the *DLCREIC* gene, which encodes for Artemis, which mediates hairpin coding end opening during the V(D)J recombination process.⁶ The patient was a compound heterozygous, and 1 allele carried a hypomorphic mutation (MIT) that preserved residual V(D)J recombination activity (2.1% to 2.7%).

However, not all cases of Omenn syndrome harbor mutations in *RAG* or *DLCREIC* genes. In some centers, mutations in these genes have been identified in fewer than 50% of patients with OS, clearly indicating that mutations in other genes can also cause OS. It has been recently discovered that mutations in the *RMRP* gene may cause OS.⁵ Mutations in this gene have been previously shown to be associated with CHH.⁴³⁻⁴⁶ CHH was first described by McKusick et al¹⁴ as a metaphyseal chondrodysplasia in the Amish population. This short-limbed dwarfism may associate with cellular immunodeficiency and occasionally with humoral defects.^{47,48} Rarely, patients with CHH have profound T-cell deficiency indistinguishable from SCID, leading to fatal varicella and necessitating bone marrow transplantation.^{3,49}

RMRP is the only known nuclear gene that encodes the RNA component of the ribonuclease mitochondrial RNA processing gene.⁵⁰ The RNA encoded by this gene is not translated into protein but is associated with multiple proteins to form a complex capable of cleaving the primer RNA needed for mitochondrial DNA replication as well as for processing 5.8S ribosomal RNA,^{51,52} and it has a role in regulation of the mitotic cell cycle and cell morphology.^{52,53}

Recently, 2 unrelated patients with OS and ADA deficiency have been described.⁹ ADA activity was markedly reduced but present (1% to 2% of normal values). Inherited defects in ADA activity result in the accumulation of phosphorylated derivatives of adenosine and 2'-deoxy-adenosine, which are toxic to T and B lymphocytes.⁵⁴ In patients with OS associated with ADA deficiency, the levels of deoxyadenosine metabolites in the red blood cells were only moderately increased, in keeping with the milder genetic aberrations.⁵⁵ Thus, it can be speculated that the mutations in the *ADA* gene observed in these patients were permissive for residual ADA and for the development of a limited number of T-cell clones that expanded and caused the systemic inflammation typical of OS.

Other patients with DiGeorge syndrome or with leaky SCID caused by hypomorphic mutations in the common γ -chain

(*IL-2 receptor* γ),⁷ *IL-7 receptor* α ,⁸ *chromodomain helicase DNA binding protein 7 (CHD7)*,¹¹ or *DNA ligase 4*,¹² presented with OS. Overall, these observations support the concept that OS is not a distinct form of combined immunodeficiency and is not caused by a defined genetic defect. Rather, it is an aberrant inflammatory condition that can be associated with multiple genetic abnormalities that significantly reduce, but do not abrogate, T-cell development.

MANAGEMENT AND TREATMENT OF OS

If untreated, patients with OS have a dismal prognosis. Skin inflammation worsens with time, leading to severe barrier problems that facilitate life-threatening and overwhelming bacterial and fungal infections in already severely immunocompromised hosts. Until the late 1980s, OS was considered a fatal condition for a multitude of reasons, of which 2 were most prominent. First, recognition of an underlying severe immunodeficiency in these patients was frequently missed by primary caregivers because of the presence of circulating lymphocytes and the abundance of lymphoid tissues. Many cases were erroneously diagnosed as severe eczema and were treated with topical steroids. Referral to tertiary/quaternary centers was delayed, thus hampering the chances of cure. Second, hematopoietic cell transplantation from HLA-identical family donors, although highly successful in SCID, was challenging in OS. Survival rates in this condition were low mainly because of severe infections and failure to engraft donor cells.

The fate of OS began to turn when treatment with immunosuppressive drugs including prednisone and cyclosporin A was introduced.^{3,16,18} This treatment proved effective in suppressing the expansion of T-cell clones and their infiltration in tissues and led to significant improvement of skin changes within 1 to 3 weeks of treatment. In addition, pharmacologic suppression of abnormal and activated autologous T-cell clones appears to facilitate engraftment of bone marrow cells from HLA-identical donors. In the absence of an HLA-identical family donor, T-cell-depleted bone marrow from a relative given with no previous conditioning was considered standard therapy for SCID. However, when applied to OS, this approach yielded poor results (<50% survival rate). In contrast, transplantation from matched unrelated donors after use of myeloablative regimens with busulfan and cyclophosphamide has dramatically improved the outcome of these patients, with reported survival rates >80%.⁵⁶⁻⁵⁸ Although it is not clear which component of this protocol benefits patients with OS most, it is believed that conditioning combined with rapid engraftment of unmodified bone marrow is key to this success.

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